



M.P. SHAH HOSPITAL
A Legacy of Care

CONTACT PRECAUTIONS-ADULTS

WHAT ARE CONTACT PRECAUTIONS?

Some germs are easily spread to other patients by direct or indirect touch. Contact precautions prevent this spread.

Direct contact means physical contact between people, often through the hands.

Indirect contact means contact with a contaminated object, such as shared toys, clothing, or dirty surfaces.

WHY AM I ON CONTACT PRECAUTIONS?

You are on contact precautions because of the type of illness you have or may have. The precautions are to decrease the risk of others getting the germs.

WHAT WILL BE DONE TO PREVENT THE SPREAD OF GERMS?

You **must stay** in the room. If certain tests are needed, you will be able to come out with special precautions in place.

A **yellow sign will be put on your door** to remind staff to wear a gown and gloves when inside the room. Staff will perform hand hygiene before entering and leaving your room.

WHAT SHOULD YOU DO?

1. Wash your hands before entering and before leaving your room. Be sure all visitors do this too.
2. Number of visitors to your room will be limited to only immediate family members because of the high risk of germ spread.
3. Other family members and friends will be allowed to see you through a glass window where applicable.
4. If you need linens or other materials stored outside your room, please ask a staff member for help. Do not go into unit storage areas.
5. You and your visitors should not go into other patients' rooms.

If you have questions about the isolation, please ask your nurse or doctor



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YOUR RESPONSIBILITY:

To adhere to these precautions in order to protect yourself and others from infection risk.

THE HOSPITAL'S RESPONSIBILITY

To protect you and others from infection risk.

QUESTIONS?

This sheet is not specific to you, but provides general information. If you have any questions, please ask your nurse or doctor.

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CONTACT PRECAUTIONS

*STANDARD PRECAUTIONS
ALSO IN EFFECT*

STOP

STOP

**VISITORS MUST SEE A NURSE
BEFORE ENTERING THE ROOM**



Hand hygiene



Gloves Required



Gown Required

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