

DIABETES CHRONIC CARE BASIC PACKAGE

CONSULTATION:

> Endocrinologist Consultation

LABORATORY TESTS:

- > HBA1C
- > UEC (Kidney Function test)
- > Lipid Profile
- > UEC (Kidney Function test)
- > TSH (Thyroid Stimulating Hormone)
- > Urinary ACR

COMPLEMENTARY:

- > DCC Diary Card
- > Diabetes Educator

Ksh **18,700**

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DIABETES NUTRITION PACKAGE

3 sessions of nutrition consultation

Ksh **5,500**





CLINIC LOCATION:

3rd floor, Dinesh Chandaria Medical Centre (Doctors' Plaza)



CLINIC SCHEDULE:

Monday to Friday: 8:00 AM - 5:00 PM

APPOINTMENTS:



To book an appointment call: 0111 000 600









CHRONIC CARE DIABETES PACKAGES

Your One-Stop Solution for Diabetes Care

Managing diabetes requires expert care and a holistic approach. At M.P. Shah Hospital, we offer multidisciplinary diabetes packages designed to support your health journey with personalised care, advanced diagnostics, and expert medical guidance.

Why Choose Our Diabetes **Packages?**

One-Stop Diabetes Care:

From diagnosis to management, everything you need under one roof.

Multidisciplinary Team :

Specialists in endocrinology, cardiology, nephrology, nutrition, and more.

Personalised treatment plans :

Tailored to your unique health needs. Advanced Diagnostic Tools: Early detection and prevention of complications.

Our Comprehensive Diabetes Packages Include



Consultation with a mutilaiscipting year including an endocrinologist, dietitian, Consultation with a multidisciplinary team, nutritionist, counselling, and other specialists.

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Blood sugar & HBA1c monitoring for accurate diabetes control.



Kidney & heart health checks to prevent complications early.



Personalised nutritional & lifestyle coaching from certified dietitians.



Foot examination for long-term diabetes management.

Who should take up the packages?

- 1. Newly diagnosed individuals looking for structured care
- 2. People with diabetes needing regular monitoring
- 3. Individuals at risk of diabetes for early detection and prevention.

DIABETES CHRONIC CARE COMPREHENSIVE PACKAGE

CONSULTATION:

- > Endocrinologist Consultation
- > Podiatrist Consultation
- > Counselling Consultation
- > Nutritionist Consultation

LABORATORY TESTS:

- > Urinary ACR
- > HBA1C
- > Lipid Profile
- > UEC (Kidney Function test)
- > TSH (Thyroid Stimulating Hormone)
- > Magnesium
- > Vitamin D3

RADIOLOGY:

> Electrocardiogram (ECG)

COMPLEMENTARY:

- > Gluconova Blood Glucose Meter And Strips
- > Pill Box
- > Glucose Powder
- > Elastoplast
- > Packet Of Sterile Lancets
- > Cooler Bag
- > DCC Diary Card
- > Diabetes Educator

Ksh **41,500**

CONSULTATION:

- > Micro Albumin
- > HBA1C
- > Lipid Profile
- > Creatinine

> DCC Diary Card

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CONSULTATION:

- > HBA1C
- > Lipid Profile

- > Urinary ACR

DIABETES CHRONIC CARE ADVANCED PACKAGE

> Endocrinologist Consultation > Exercise Consultation > Counselling Consultation > Nutritionist Consultation

LABORATORY TESTS:

> TSH (Thyroid Stimulating Hormone)

COMPLEMENTARY:

> Diabetes Educator

Ksh 23,500

DIABETES CHRONIC CARE STANDARD PACKAGE

> Endocrinologist Consultation > Nutritionist Consultation

LABORATORY TESTS:

> UEC (Kidney Function test) > UEC (Kidney Function test) > TSH (Thyroid Stimulating Hormone)

COMPLEMENTARY:

> DCC Diary Card > Diabetes Educator

